



## 2024 Season Program

	Date	Venue	Right to run at
1	6 <sup>th</sup> Apr	The Graham Kent Run-Sausage Sizzle Pioneer Dairy – South Tacoma	Ncastle Hill to Harbour 7/6 12km/6km
2	13 <sup>th</sup> Apr	Van Dahls Fire Trail Patonga	School Hols
3	20 <sup>th</sup> Apr	Edgewater Park Buff Point	School Hols -Ncastle Half /Full Marathon 21/04/2
4	27 <sup>th</sup> Apr	Kilcare Heights Strom Lookout	School Hols
5	4 <sup>th</sup> May	Umina Beach (low tide at 1.37pm)	Sydney half Marathon & 10km 5/5
6	11 <sup>th</sup> May	Sth Bateau Bay Beach Carpark Shelly Beach Track Run	
7	18 <sup>th</sup> May	Pearl Beach Arboretum	Sydney 10 19/5
8	25 <sup>th</sup> May	Wyoming Public School	
9	1 <sup>st</sup> Jun	Long Jetty Reserve Archibald Rd/Tuggerah Pde	NSW Cross Country Relays
10	8 <sup>th</sup> Jun	Kincumber Mountain	
11	15 <sup>th</sup> Jun	Lions Park Woy Woy	Bay To Bay 16 <sup>th</sup> Jun
12	22 <sup>nd</sup> Jun	Point Wolstoncroft-Gwandlan BBQ	NSW Cross Country Champs
13	29 <sup>th</sup> Jun	Pioneer Dairy – South Tacoma	
14	6 <sup>th</sup> Jul	Mt Elliott St John Lookout	School Hols
15	13 <sup>th</sup> Jul	Rumbalara - Springfield	School Hols
16	20 <sup>th</sup> Jul	Canton Beach/Red Gum TBA	School Hols
17	27 <sup>th</sup> Jul	Sth Bateau Bay Beach Carpark Shelly Beach Track Run	Sydney Harbour 10km 28/7
18	3 <sup>rd</sup> Aug	Booralie Rd Fire Trail-Korin Rd Tumby Umbi	
19	10 <sup>th</sup> Aug	Edgewater Park – Buff Point	
20	17 <sup>th</sup> Aug	Stonewall Equestrian Wisemans Rd Central Mangrove	
21	24 <sup>th</sup> Aug	Relays Kincumber Foreshore	Lake Macquarie Running Festival 25/8
22	31 <sup>st</sup> Aug	Presentation – Koala Park – San Remo	

For more info call Nicky Kelly-0417666 or Kay Bell -0411837425

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